



## ARMY TEN-MILER NEWS RELEASE

**FOR IMMEDIATE RELEASE**

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### **2005 ARMY TEN-MILER REGISTRATION CLOSES IN RECORD TIME**

WASHINGTON, DC – Registration for the 2005 Army Ten Miler has closed in a record 101 days. Opening back on April 1, registration for the Army's annual 10-mile race officially closed on Sunday, July 10. Jim Vandak, Director, commented, "*The race has a Tradition of Excellence and we continue to close earlier and earlier every year. Our 2005 ATM registration closed 30 days ahead of last year's mark and 2004 was a record year!*" Individuals who didn't make the registration deadline may consider volunteering. Volunteers are still needed for Friday, Sep 30 and Saturday Oct 1 at the HQ race hotel. More information can be found on the Army Ten Miler website.

This year's field is made up of roughly 35% military and 65% civilian and is almost equally split between men and women. While the majority of runners are residents of the United States, many different countries are represented including, Italy, South Korea, Argentina, Iraq, Germany and Canada.

Starting at 8 a.m. on Sunday, Oct. 2, the race starts and finishes at the Pentagon passing such national treasures as the Lincoln Memorial, Washington Monument, and the Capitol as it makes its way through our nation's capital.

In addition to race day activities, the weekend also features an expo, runners' clinics, and the annual GEICO Pasta Dinner on Saturday, Oct. 1. Dinner tickets may be purchased online for \$25. Runners and spectators can enjoy the post-race festivities including live music, a Youth Activity Zone, and a HOOAH Tent Zone where Army Teams from around the world show their spirit.

This year promises another exceptional ten-mile race steeped in the Army's Tradition of Excellence. For additional race information go to [www.armytenmiler.com](http://www.armytenmiler.com). Produced by the U.S. Army Military District of Washington, the Army Ten-Miler is the largest 10-mile race in America.

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